# Period #1: Course Overview and Equilibrium

#### A. Course Overview:

This course addresses how mechanical systems respond when subjected to loads:

When loads are applied to a mechanical system what are the internal stresses? What is stress? How do we describe it?

When loads are applied, how much does the system deform? What is strain? How do we describe it?

Is the load too large for the system to handle safely? What happens if the load is too large?

How does the material of the structure behave? Relevant material parameters of stiffness and strength.

We will address these questions for different types of mechanical systems: Axially loaded members; Shafts under torsion; Beams under bending loads; Trusses and Frames;

#### **B.** Equilibrium of Deformable Body

A body is in a state of equilibrium if no net forces and no net moments are applied to it. Stated mathematically:

No net forces: 
$$\sum F_x = 0; \sum F_y = 0; \sum F_z = 0;$$

No net moments: 
$$\sum M_x = 0$$
;  $\sum M_y = 0$ ;  $\sum M_z = 0$ ;

When considering the forces acting on a body, there are:

- a. Surface forces;
- b. Body forces; and
- c. Reaction forces.



### C. Reactions



#### D. The Free-Body Diagram

External forces and reaction forces applied to a body result in internal forces/moments within the body. These are drawn/shown when the body is sectioned.





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## E. Example Problems:

**Example 1.1** Determine the resultant internal torque acting on the cross sections through points B and C.



**Example 1.2**. Determine the resultant internal loadings acting on the cross section at point B.

